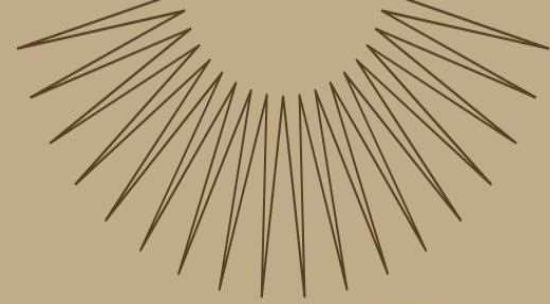


About The Matz Center

Located in Jefferson County, outside the City of Watertown, The Matz Center Youth Crisis Stabilization Facility (YCSF) is certified through the State of Wisconsin Department of Health Services (DHS) to provide services for up to eight Wisconsin youth, ages 10 to 17 years old who are experiencing a mental health crisis.



Contact us

Referrals 920-463-0766

Questions 920-245-6151

matzcenterycsf@wisconsin.gov

www.dhs.wisconsin.gov/yicsf.html




THE MATZ CENTER



Services

Our YCSF serves as a short-term resource for youth experiencing crises.

- Admission Assessment
- Care Plan
- Care Coordination
- Care Team Meetings
- Life Skills/Social Engagement Skills
- Education
- Individual and Group Treatment
- Discharge Planning



Between
every two pines
is a doorway
to a new world.

JOHN MUIR

Program Mission

The mission of The Matz Center, YCSF is to provide a safe environment for youth in crisis to prevent, deescalate, and treat mental health crisis in a community based setting to prevent youth from being admitted to unnecessary, higher levels of care. The Facility provides mental health crisis support and supervision for admitted youth 24 hours per day, 7 days per week, 365 days per year.



Evidenced Based Treatment

- Dialectical Behavior Therapy (DBT)
- Cognitive Behavioral Therapy
- Motivational Interviewing, a clinical approach that helps individuals make positive behavioral changes to support better health
- Trauma-Informed Care, a strength-based service delivery approach that is grounded in an understanding of and responsiveness to the impact of trauma

