

Aging & Disability Resource Center Advisory Committee Minutes of Meeting

Tuesday, July 7, 2015

Call to Order

The meeting was called to order by Torum at 1:00 p.m.

Roll Call

Present: Carolyn Niebler, Carol Battenberg, Darlene Schaefer, Russell Kutz, Marcia Bare.

Also Present: Sharon Olson, Sue Torum, staff.

Certification of Compliance with Open Meetings Law

Torum certified compliance.

Review Agenda

The agenda was reviewed. An item related to the Aging Unit Plan, section 10, was moved up so that the goal related to healthy aging, follows the presentation on Evidence Based Prevention Programs.

Public Comment

None

Approval of 5/5/2015 Minutes

A motion to approve the 5/5/2015 minutes was made by Niebler. The motion was seconded by Battenberg and passed unanimously.

Communications

The ADRC has received many emails about the 2016-2017 state budget provisions. Torum highlighted some of them: 1) The proposed changes in the governor's budget related to ADRC's were removed; 2) There will be changes to Family Care, Partnership and IRIS, but the Department of Health Services (DHS) will seek a federal waiver that outlines the changes and they will only happen if approved at the federal level. Citizen/stakeholder input will be required. 3) MTM, the non-emergency Medicaid transportation broker, will no longer be

responsible for providing transportation to Medicaid recipients in southeast WI. This includes Jefferson County. It is unclear who will be responsible, but the budget does mention that DHS may contract with counties.

ADRC Report

Olson provided the committee with a bi-annual report from the ADRC. It included statistical data related to enrollments. Olson said that in June of 2015 the ADRC had a record number of contacts. During the month of June 184 contracts were related to the Farmer's Market Voucher Program.

<u>Presentation on Evidenced Based Prevention Programs by Lee Clay, RN, Preventative Health</u> <u>Services</u>

Ms. Clay introduced herself and informed the committee of her role as it relates to the contract she has with Jefferson County to do evidence based prevention projects. Ms. Clay provides class participants with programs that meet the "highest level criteria" which is a requirement of the funding source, Title III-D of the Older American's Act. Ms. Clay shared information about programs she is currently involved in including Living Well, A Matter of Balance and Stepping On.

A video called "A Matter of Balance" was shown. This program focuses on the fear of falling, which is a good beginner program prior to Stepping On, which is a prevention program.

2016-2018 Aging Unit Plan Development

The Draft 2016-2018 County Plan on Aging was passed out. The Healthy Aging goal was discussed first. Torum read the instructions and pointed out that after hearing Ms. Clay's presentation the goals in this area must be around the programs she teaches. Members agreed that at least one goal would be around offering *A Matter of Balance* each of the three years. The remaining goals about which programs to offer were deferred to Torum and Ms. Clay. They will be done prior to the August meeting.

The next item of business was to review and update the vision and mission statement. The current vision and mission statements were slightly modified to include a stronger reference to advocacy.

The section on terms and compliance were reviewed. The terms of Human Services Board members (our policy making body) do not adhere to the WI Elders Act, however, the ADRC Advisory Committee does and this has been accepted on previous plans.

The plan context is incomplete. The sections that are done were reviewed. The missing piece is around any critical issues or trends and challenges. At the time of review, none were identified.

Torum will be planning meetings around the county to get feedback from people and this area will be more fully addressed within the next month.

The next section involved goals around involving older people in planning and senior dining. Torum stated that the Human Services Department operates under Key Outcome Indicators that are identified each year. These overarching goals are not required as part of the plan, but including them makes sense in terms of the laying out the required goals under each section. It ties the plan to the Department's annual report.

Under Section 6-A, the specifics of how goal 1 would be accomplished was discussed. Various options were laid out and members were in favor of scheduling 2016 ADRC Advisory Committees in various communities to encourage local attendance. Not everyone was at the meeting, so this will be discussed at the August meeting.

Under 6-B, the goals will focus on hunger and food insecurity. Olson has already done a lot of work developing a food resource guide which will be shared during the 6 on-site trainings that will be planned in 2016. In terms of goal 2, information about how Nutrition Risk Scores are determined and the Newest Vital Sign tool and scores were reviewed. The meal program has gone out for bids and if the new cost per meal doesn't significantly affect the budget, people scoring high in these categories, wo have an assessed need, may be offered an additional meal each day through the program on a donation basis.

Set next meeting date and possible agenda items

The next meeting will be on August 4, 2015. Agenda items will include the election of vice chair and secretary and Aging Unit Plan Updates.

<u>Adjourn</u>

A motion to adjourn was made by Bare, seconded by Schaefer and passed unanimously.

Respectfully submitted,

Susan Torum, Manager Aging & Disability Resources Division