



Aging & Disability Resource Center Advisory Committee
Minutes of Meeting
Tuesday August 3rd, 2021

Call to Order

The meeting was called to order by Mike Wineke at 1:12 pm.

Roll Call

Present: Janet Sayre Hoeft, Michael Wineke, Katie Dixon, Carol O'Neil,

Not in attendance: Sira Nsibirwa - excused

Attended by phone: Frankie Fuller; Jeanne Tyler, Vice Chair; Ellen Sawyers, Ruth Fiege, LaRae Schultz

Also present from ADRC: Kimberly Swanson, ReBecca Schmidt, Dominic Wondolkowski, Heather Janes, and Mike Hanson.

Certification of Compliance with Open Meetings Law

It was determined that the committee was in-compliance with Open Meetings Law.

Approval of Agenda

Janet Sayre Hoeft made a motion to approve the agenda, Jeanne Tyler seconded. Motion carried.

Approval of July 6th, 2021 Minutes

Ruth Fiege made a motion to approve meeting minutes from July 6th. LaRae Schultz seconded. Motion carried.

Election of Officers

- Janet Sayre Hoeft made a motion to elect Mike Wineke as chair. Frankie Fuller seconded. Motion carried.
- Frankie Fuller nominated Jeanne Tyler to continue as vice chair, Jeanne agreed and LaRae seconded. Motion carried
- Jeanne Tyler asked Janet Sayre Hoeft if she would like to continue as secretary. Janet declined. Mike Wineke nominated Frankie Fuller to be secretary, Frankie agreed, Ruth Seconded. Motion carried.

Communications

ReBecca Schmidt reported that there have been phone calls and letters received from Human Service Volunteers to say thank you for the volunteer recognition packages.

Public Comment

No public comment

Update ADRC & Aging Program 2021 Key Outcome Indicators – ReBecca Schmidt, ADRC Division Manager

ReBecca Schmidt reported on the draft of the 3-year aging plan. The Community Engagement reports and draft Goals were all reviewed. Feedback was gathered through paper surveys, electronic surveys and individual interviews. All information gathering method utilized the same 7 questions. The following are the top three responses for each survey question.

1. What types of services/supports could Jefferson County provide to make your community easier or more enjoyable for you to live in?

1. Activities for Seniors
2. More Information on what is available/happening
3. More Transportation Options

2. What types of transportation services would be helpful in Jefferson County?

1. Transport to Medical Appointments, Groceries, and wheelchair assessable rides
2. Public Bus Services
3. Off hours transportation, evenings and weekends

3. What would you like to see in a meal program for yourself or an aging loved one?

1. Healthy & Balanced Meals
2. Customized Meals
3. Gift Cards, vouchers to restaurants

4. What are the most important issues facing older adults today?

1. Physical, Emotional, Mental and Spiritual Health
2. Affordable and assessable Healthcare
3. Isolation/Loneliness

5. If you are a caregiver for someone, what would help you to continue providing care?

1. Financial Assistance
2. Support/Assistance with everyday tasks
3. Respite

6. What does HEALTHY aging mean to you?

1. A healthy lifestyle with exercise, healthy food, and affordable community programs
2. Physical, Emotional, Mental and Spiritual Health
3. Independence, continue doing normal activities

7. What other programs or services do you think would be beneficial for Jefferson County?

1. Recreation and activity program for the elderly.
2. Socialization Opportunities
3. Non-medical Transportation

The first draft goals created based on the above information are:

1. Title IIIB Supportive Services

Prioritize and serve consumers with the greatest needs first.

2. Diversification of transportation options

3. Title IIIC Nutrition Program

Optimize Delivery of Nutrition Program Services for Congregate Meals across Jefferson County.

4. Title IIID Health Promotion

Increase the number and diversity of individuals participating in programs.

5. Title IIIE Caregiver Support

Develop and Distribute a List of Volunteers for Various Caregiver Requested Services

ReBecca also shared updates on all Key Outcome Indicators and shared progress towards goals at this point in the year. All KOI's are on track or exceeding expectations at this time.

ADRC Program Update

Dominic Wondolkowski reported: For July, the Key Outcome Indicator (KOI) was met. 17 of 17 customers were provided enrollment information per the KOI guidelines, resulting in 15 LTC enrollments and/or IRIS referrals. Two individuals declined enrollment. From Jan.-July 2021, the ADRC has been 100% in compliance with the KOI and has completed 131 enrollments and/or IRIS referrals. In comparison, for Jan-July 2020, the ADRC completed 88 enrollments and/or IRIS referrals. The ADRC also has a goal to provide one or more community outreach events aimed at educating the Hispanic population. The ADRC is in process of scheduling an event at La Morenita, a local Mexican grocery store in Fort Atkinson (former Hardees location) on a Sat. in September.

For the month of July, there were 599 documented calls with 346 unduplicated callers. This is a decrease compared to June when 100+ contacts for Sr. Framer Market Vouchers were documented. As of 8-2-21, staff is required to offer face-to-face visits for most consumer contacts. As of 7-26-21, 106 of the 228 Farmer Market voucher coupons have been distributed. Marketing efforts planned in August include appearances at local farmers markets (i.e. Th. Aug. 12th 3-6pm at Watertown) and reaching out to WFAW for a radio segment to discuss the SFMNP. The Dodge and Jefferson County Elder Benefit Specialist programs will host an ABC's of Medicare Workshop on Sept. 22nd 5-7pm at the Watertown Senior and Community Center. This is the first in-person presentation since spring 2020. The Disability Benefit Specialist program continues to receive multiple referrals per week with initial appointments scheduled out to 8-26-21 and other appointments out to 9-1-21.

Nutrition Program Update

Swanson stated there were 3,510 Home Delivered and Carryout Meals for the Senior Nutrition Program in June 2021. Data for the past three years shows that July is typically the lowest month for new Home Delivered Meal participants and 2021 follows that trend with nine new participants. Swanson further stated that there were 495 carryout meals ordered by 89 unique participants in June and these numbers are fairly

consistent since March 2021. The Key Outcome Indicator for June was met: 100% of new Home Delivered Meal participants were assessed within four weeks of beginning meal service.

Transportation Program Update

Mobility Manager – Mike Hanson reported;

Ridership for the ADRC of Jefferson County Driver / Escort Service for June was 660 one-way rides. The number of new (first time) riders for June was 13.

The Key Outcome Indicator for our 85.21 Grant Transportation Service is to ensure that 90% of qualifying medical ride requests are met. We achieved this goal with 100% of medical rides met in July. The Key Outcome Indicator for our 5310 Grant Transportation Service is to reach a recreational/nutritional (non-medical) ridership of 300 by end of 2021. So far in 2021, we have already provided 491 non-medical rides during January - July (486 with 85.21 funding). So far, we have provided 5 non-medical (recreational/nutritional/shopping) rides with 5310 funds.

The “Wednesday Walks” program offers a wonderful way to get fresh air, feel the sun, exercise, meet new people, and enjoy many unique attractions in Jefferson County. Our third event was held at Carlin Weld Park on 07/21 and twelve people attended. Our next event will be held on August 18th at 9AM at the Dr. J.S. Garman Nature Preserve in Waterloo.

ADRC Website Page Views is growing since a large drop due to the COVID pandemic. In July, there were roughly 1900 views total to our ADRC web pages.

Dementia Care Specialist Update

Heather Janes reported:

During the month of July, there were 59 SAMS interactions, this is a little lower than June, but still puts us above our goal for 2021. Two book clubs were in session in July. We completed Mom’s Gone Missing with a Q & A session with author Susan Marshall and started another book club discussing Creating Moments of Joy in collaboration with La Crosse County. The Dementia Caregiver Support Group and Caregiver Coffee Hour continued during the month of July virtually. These programs will remain virtual given that the members come from all over. On average the groups are averaging 5-7 caregivers.

The Department of Health Services and Dementia Care Specialists offer a monthly dementia webinar series. In July, the Dementia Care Specialists from Jefferson and Dodge Counties collaborated and brought a member from the DMV and Watertown Drive Able program to discuss driving and dementia concerns. There were 130 registrants for this program.

The July-September Quarterly Newsletter was published and mailed out to roughly 210 participants in the county. It was also mailed and shared on the ADRC website under Dementia Care.

The Dementia Care Specialist was trained to become a Lewy Body Dementia Group Facilitator for support groups. No new support group will be created at this time by the DCS, but knowledge will be used in current groups and consultations.

The Watertown Memory Café was held in person at Lincoln Park where there were 9 individuals in attendance.

The Dementia Care Specialist held a memory screening event at the Watertown Senior Center with 14 scheduled and completed screens. Other screens were scheduled around the month and during later events in the year.

Dementia Care Specialist visited 17 Free Little Libraries and placed caregiving/dementia books, keychains, newsletters and pamphlets in 14 locations around Fort Atkinson and Lake Mills. Three little libraries were either not to be found or were missing from the location.

Discussion on Items for next agenda

- Aging Plan update
- Nutrition Program Customer Satisfaction Results
- EBS – Medicare open enrollment plan

Adjourn: Janet Sayer Hoeft made a motion to adjourn the meeting, LaRae Schultz seconded. Motion carried. Meeting adjourned at 3:01 pm.

Respectfully submitted,

ReBecca Schmidt
Aging & Disability Resources Division Manager