

# Aging & Disability Resource Center Advisory Committee Minutes of Meeting Tuesday, October 3rd, 2023

#### Call to Order

The meeting was called to order by Mike Wineke at 1:00 pm.

#### Roll Call

**Committee Members:** Michael Wineke, Chair; Frankie Fuller - Vice-Chair; Janet Sayre Hoeft, Mary Roberts, Mary Weber, and Katie Dixon.

Attended by zoom: Carol O'Neil, Sira Nsibirwa, LaRae Schultz

<u>Present from ADRC</u>: ReBecca Schmidt, Dominic Wondolkowski, Mike Hansen, Tonya Runyard, Tatiana March and student-intern, Abby Wedwick.

# **Certification of Compliance with Open Meetings Law**

It was determined that the committee was in-compliance with Open Meetings Law.

#### **Approval of Agenda**

Janet Sayre Hoeft made a motion to approve the agenda, Mary Roberts seconded. Motion carried.

# Approval of September 5th, 2023 Minutes

Frankie Fuller made a motion to approve the minutes, Katie Dixon seconded. Motion carried.

#### Communications

Tonya Runyard shared a communication from a family she assisted that is taking care of their mother with dementia.

#### **Public comment**

There were no public comments.

#### **Announcements:**

No announcements

#### Discussion and possible action on transportation grant 85.21:

Frankie Fuller made a motion, Mary Weber seconded. The committee moved to move the action on to the Human Services Board Meeting

#### Discussion and possible action on 5 year transportation plan

Frankie Fuller made a motion, Jancie Sayre Hoeft seconded. The committee moved to move the action on to the Human Services Board Meeting.

<u>Update ADRC & Aging Program 2023 Key Outcome Indicators – ReBecca Schmidt ADRC Division Manager</u> ReBecca Schmidt shared an update on the results of the 2023 Key Outcome Indicators through September and discussed which goals were met and which were not and why. See attached KOI reports.

# **ADRC Program Update:**

ADRC Supervisor, Dominic Wondolkowski Reported:

The KOI is met for September. 23 of 23 LTCFS were determined within 30-days from the date of the request. Of the 23 screens, 19 customers were found eligible to enroll in a Family Care, Partnership or IRIS program. Four customers was determined eligible for a more limited Family Care benefit package only. One customer was appropriately notified that there would be a delay in completing their FS. For Jan.-Sept. 179 of 180 functional screens have been calculated per KOI guidelines. For September, staff recorded 771 customer contacts; well above the number of contacts compared with the three previous Septembers.

In September, the ADRC marketed at the following locations: Sept 9th- Fort Fall Fiesta, Jones Park with 41 direct contacts; and Sept. 23<sup>rd</sup>- at the Women's Expo-Women Helping Women: Career, Family and Health Fair at Christ United Methodist Church in Watertown with 15 direct contacts. On October 19<sup>th</sup> ADRC staff will market and provide presentations at the Veterans Regional Expo. Fair featuring a free lunch and learn on "How to Avoid Scams, and Improve Credit Scores", ADRC-planning for LTC care, VA Healthcare and Caregiver Support Programs, Assistance to create a will, etc.

Medicare Part D open enrollment is Oct 15<sup>th</sup> - Dec 7th. The ADRC mailed over 300 letters to previous 2021 and 2022 customers. The Office of Resource Development (ORCD) celebrated Resource Specialist Appreciation Week Sept. 25-29<sup>th</sup>. There was planned activities throughout the week including a Kudoboard signed by many ADRC directors and supervisors.

## **Nutrition Program Update:**

Tatiana March Reported:

In August, there were 2,558 total home delivered meals served and 431 congregate meals provided. 14 new home delivered meal participants started on the program. The goal of serving 95% of eligible meal clients was met (100%, 14/14). The goal of 90% of home delivered meal assessments completed was also met. (100%, 12/12). There were two exclusions this month due to participants leaving the program before assessments were completed.

March stated that the Jefferson Site Manager has retired. The job listing has been posted and there have been a few applicants. The Home Delivered Meal Assessor- Sharon will also be retiring at the end of October. That position will be posted in the coming weeks so that position can be filled as well. March stated that she attended the Fall WAND Conference on September 27 and 28<sup>th</sup>. It was noted that the conference this year went very well and a lot of new ideas came from conversing with other site managers around the state. There is a need for Volunteers at many of the dining sites. Lake Mills is specifically looking for more volunteers in the kitchen and the Sullivan dining site is looking for more Home Delivered Meal volunteers. Other sites and locations could always use more backup volunteers.

# **Transportation Program Update:**

Mobility Manager, Mike Hansen Reported:

Ridership for the ADRC of Jefferson County Driver / Escort Service for September 2023 was 958 one-way rides. The number of new (first time) riders for the month was 21 and the number of unique clients served was 144.

Transportation KOI's were both met in September.

- KOI 1. 90% of qualifying medical ride requests are met. All qualifying medical rides are counted if client follows policy criteria. We met this goal in September 2023.
- KOI 2. Provide at least 40 rides for social interaction opportunities or attendees at wellness & Socialization events such as Wednesday Walks. Employment for individuals with DD. Day Trips, shopping, etc. We met this goal in September 2023, providing 149 ride opportunities for social interaction.

Other Key Items of interest this past month were as follows:

- We have a new Volunteer Driver. Her name is Sharon Adrian.
- We received our second wheelchair equipped van obtained through 5310 Federal Grant funding.
- A Day Trip Event was held on September 6th. A group of 14 went to the New Glarus Brewery and had lunch at the Sugar River Pizza Co in New Glarus.
- Our next Day Trip Event will be held on October 4th and will be going to the Anderson Japanese Gardens and planning lunch at the Cracker Barrel restaurant in Rockford, IL.
- Our 5th and final Wednesday Walks Event for the year was held on September 20th at Dorothy Carnes Park East.

### **Dementia Care Specialist Update**

Dementia Care Specialist, Tonya Runyard Reported:

I, the Dementia Care Specialist, shared that in September, I had 29 consumer interactions. During the month of August, I facilitated 2 Dementia Caregiver Support Groups. The coalitions/committees that I supported this month were:

Dementia Friendly Community Network, "A Day with Lewy" planning meeting, Dementia Task Force, Dementia Friendly Community Initiative, and Watertown Dementia Awareness Coalition. I provided Healthy Living with MCI at the Watertown library and co-facilitated our 6-week Powerful Tools for Caregivers Program (virtual). I supported 3 Memory Café's – Jefferson, Lake Mills & Watertown Heritage Homes. I offered 4 memory screen events – Jefferson Sr. Center (0), Fort Atkinson Sr. Center (0), Jefferson Library (2) and Watertown Library (1).

# <u>Transportation and Nutrition Program Waivers – Mike Hansen and Tatiana March</u>

3 waivers requested in September.

Jacob Hilmer:

Joel Ferris:

John Karpinski:

The committee asked Mike Hansen to gather more information from Jacob Hilmer before deciding. The committee approved Joel Ferris and John Karpinski for waivers; Mary Weber made the motion and Mary Roberts seconded.

#### Discussion on Items for next agenda

Janet Sayre Hoeft requested for the October or November meeting, a presentation on Family Care.

**Adjourn:** Mary Roberts made a motion to adjourn the meeting; Mary Weber seconded. Motion carried. Meeting adjourned at 2:34 pm.

Respectfully submitted, ReBecca Schmidt ADRC Division Manager

# Attachment I 2023 KOIs

	Program	Program Manage	r 2023 KOI	August	September
	Dementia Care Specialist	Tonya Runyard	Complete 50 Memory Screens throughout 2023	36 total	55 total
	Caregiver Support Specialist	Kim Herman	Increase enrollment into T — IIIB and NFCSP programs by 5 families each.	4	4
	Senior Nutrition Program	Tatiana March	90% of new home delivered meal participants will be assessed in his or her home within four weeks of beginning meal service.	Met 10/10	Met 12/12
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	Health Promotions	All Aging Programs	The Aging and Disability Resource Center of Jefferson County will offer 6 Evidence-Based Health Promotion Disease Prevention Programs in 2023.	4	5
\\/	Transportation Services 85.21 & 5310	Mike Hansen	85.21 90% of qualifying medical ride requests are met. All qualifying medical rides are counted if client follows policy criteria.	Met	Met
///			Provide at least 40 rides for social interaction opportunities or attendees at wellness & Socialization events such as Wednesday Walks. Employment for individuals with DD. Day Trips, shopping, etc.	Met 135	Met 149

	Program	Program Manager	2023 KOI	August	September
	Elderly Benefit Specialist	Emma Borck	DBS staff will co-present with EBS staff at four or more "Welcometo Medicare" Workshops	3/4	Met 4/4
	Disability Benefit Specialist	Shelly Wangerin	DBS staff will co-present with EBS staff at four or more "Welcometo Medicare" Workshops	3/4	Met 4/4
	ADRC	Dominic Wondolkowski	100% of all LTCFS determined within 30 days from date of request.	Met 22/22	Met 23/23