

Jefferson County Nutrition Project Council
Minutes of Meeting
01/31/23

Call to order

The meeting was called to order at 2:06 p.m.

Roll call (establish of a quorum)

Present: Carol O'Neil-Chair, Barbara Schmitt-Vice Chair, Carol Battenberg-Secretary, Frankie Fuller, Mary Roberts.

Excused: Pat Rabay, Lisa Krolow

Also Present: Kimberly Swanson, ReBecca Schmidt, Bonnie Bull

Certification of compliance with Open Meetings Law

Swanson certified compliance.

Approval of the agenda

A motion to approve the agenda by Battenberg, seconded by Schmitt. The motion was approved unanimously.

Approval of the Nutrition Project Council Minutes from 10/25/22

A motion to approve the 10/25/22 minutes by Fuller, seconded by Schmitt. The motion was approved unanimously.

Communication

None.

Public Comment

None.

Discussion and possible action of Bonnie Bull to join the Nutrition Project Council. Battenberg made a motion to approve sending approval to the ADRC advisory committee and Human Services Board for first term appointment. Motion seconded by Roberts.

Discussion and possible action on the Nutrition Project Council By-Laws. No changes made to by-laws. Battenberg made a motion to approve the by-laws, seconded by Roberts.

Discussion and possible action of the 2025 Dietary Guidelines Advisory Committee. Swanson reviewed the 5-step process to update the 2020-2025 Dietary Guidelines. Announced that public comment opened on 1/19/23 and registration is open for the six Live Stream Virtual Meetings starting on 2/9/23. Fuller agreed to write a letter for National Nutrition Month in March, after NPC approval, it will be released to the public. Swanson shared that DHS may share a Proclamation for Nutrition Month. Group discussed the possibility of providing a food sample from another culture at the congregate dining locations. Swanson shared that the current food vendor has March and April menus already created. Swanson and Schmidt to meet with vendor for a broader discussion on menu options that feature other cultures and meatless options.

Training & Group Discussion “The Importance of Using Inclusive Language.” Swanson shared a short video clip on the importance of using inclusive language. Swanson then provided a picture of a flower and explained that each petal can represent a person’s unique traits in first-person language, such as person with a disability, person with diabetes. The petals form a flower to show the unique traits of a team.

Review of 2023 Senior Nutrition Program Goals. Key Outcome Indicator: 90% of new home delivered meal participants will be assessed in his or her home within four weeks of beginning meal service. Other goals: Outreach to recruit HDM volunteers, Participate in Bureau on Aging & Disabilities Volunteer recruitment campaign, Develop My Meal-My Way Survey, Conduct Survey with Meal Participants, and Develop partnership with local restaurant to pilot My Meal-My Way program

Discussion of Possible Future Agenda Items. No items submitted at the meeting.

Adjourn

A motion to adjourn the meeting by Battenberg and seconded by Schmitt. The motion was approved unanimously, and the meeting was adjourned at 3:55 p.m.

Respectfully submitted,

Kimberly Swanson, Senior Nutrition Program Supervisor