



ADRC Advisory Committee Agenda
Jefferson County Human Services Department
1541 Annex Road, Jefferson, WI 53549
Health/Human Services Conference Room

Date: Tuesday, June 6, 2017

Time: 1:00 p.m.

Committee Members: Earlene Ronk, Chair; Carol Battenberg, Ellen Haines, Dan Krause, Russell Kutz, Marcia Bare, Carolyn Niebler & Connie Stengel, Ellen Sawyers

1. Call to order
2. Roll call (establishment of a quorum)
3. Certification of compliance with Open Meetings Law
4. Approval of the agenda
5. Approval of the ADRC Advisory Committee minutes from 5/2/2017
6. Communication
7. Public comment (Members of the public who wish to address the committee on specific agenda items must register their request at this time)
8. Advocacy Updates
9. Discuss and review 2016 Annual Report- Aging & ADRC Section
10. Discuss ADRC Report, Dominic Wondolkowski – ADRC Supervisor
11. Discuss Senior Dining Program Updates– Leigh Fritter, Nutrition Program Supervisor
12. Discuss and review Care Transitions Module
13. Discuss and review Suggested 2018 ADRC Contract Revisions
14. Discuss Elder Abuse Awareness Day
15. Discuss and review Meal Cost Tool
16. Discuss possible agenda items
17. Adjourn

Next scheduled meetings: July 4, 2017
 August 1, 2017
 September 5, 2017

A Quorum of any Jefferson County Committee, Board, Commission or other body, including the Jefferson County Board of Supervisors, may be present at this meeting.

Individuals requiring special accommodations for attendance at the meeting should contact the County Administrator 24 hours prior to the meeting at 920-674-7101 so appropriate arrangements can be made.



Aging & Disability Resource Center Advisory Committee
Minutes of Meeting

Tuesday, April 4, 2017

Call to Order

The meeting was called to order by Ronk at 1:00 p.m.

Roll Call

Present: Earlene Ronk, Chair; Carolyn Niebler, Carol Battenberg, Ellen Haines, Russell Kutz, Connie Stengel, & Ellen Sawyers

Also Present: Sharon Olson, Leigh Fritter and Dominic Wondolkowski, staff and Ella Reinel and Jennifer Coppes as interested community members.

Certification of Compliance with Open Meetings Law

Olson certified compliance.

Approval of Agenda

The agenda was reviewed and approved in a motion made by Sawyers, seconded by Haines and passed unanimously.

Approval of 03/07/2017 Minutes

Motion by Kutz, second by Niebler, to approve the 3/7/2017 minutes as presented. Motion unanimously carried.

Communications

None.

Public Comment

Jennifer Coppes introduced herself and shared that was attending as she is interested in applying for committee membership.

Advocacy Updates:

Olson shared that March 21st is World Social Worker Day. Social workers stand up for millions of people every day. This includes people who are experiencing devastating illnesses and mental health crisis, our veterans, children, families and communities. May people still misunderstand who social workers are the invaluable contributions they bring to society. This year we will commemorate Social Work Month with a "Social Workers Stand Up!" campaign. This campaign will educate the public about the contributions of social workers and give social workers and their allies' tools they can use to elevate the profession.

Olson shared information sent from GWAAR –Greater Wisconsin Agency on Aging Resources, Inc. The Wisconsin Aging Advocacy Network will be hosting an event for Aging Advocacy Day which will be held on Wednesday May 17th.

Olson highlighted a few areas of interest that are being discussed on the Governor's budget. The budget includes an increase to the nursing home and personal care program at a 2% increase for Medicaid reimbursement. MAPP proposal is that all participants would pay at

least \$25.00 premium per month and premiums would go up modestly. A 2% increase in funding for transportation.

Discussion: ADRC Report:

Dominic Wondolkowski updated the committee on the following items:

Key Outcome Indicator: In March 2017, I & A staff provided a total of 26 LTC Functional Screens; 21 of 26 (80.76 %) were calculated within the 14-day KOI goal. 4 out of 5 of the FS out of compliance were calculated seven or less days beyond the 14-day standard.

Through the Youth Transition Network, the Job Olympics was held as scheduled on March 17th at the MATC Watertown Campus. The event is considered a success. Thirty-six (36) students with disabilities and 40 teachers and/or volunteers attended. Students enjoyed the small group Olympic-style events, which included coin sorting and scanning, laundry fold, grocery bagging, etc. The event featured two guest speakers from Festival Foods and one speaker from Specialty Cheese. All speakers interacted very well with the students. One school district cancelled at the last minute but it turned-out for the good as at the closing session, we had one raffle prize and one medallion ribbon for each student, which really excited them before departure back to their schools.

ADRC staff is in its 5th week of Living Well with Chronic Conditions class at River Crest Apartments. There are nine class participants. The final class will be April 18th.

Leah Clay from Waukesha Co. and Preventive Health Strategies offered for the ADRC to partner with her and hold a class on Chronic Pain Management. The training was available four days in March to become a session leader. Unfortunately all I & A staff were occupied with online dementia crisis response training and were not able to commit to another four days of training. The plan will be to work with Leah Clay to eventually get 1-2 staff trained so the ADRC can provide this health-strategy class in Jefferson County.

All I & A and APS staff have completed the 7-8 hours of online dementia training and are now certified and have the “Dementia Specialist Designation” and are part of Dementia Specialist Registry. Moving forward, the goal is to have the trained staff become part of larger initiative; Jefferson Co.’s Dementia Crisis Response Team. It is important staff received this training since there is a possibility the ADRC will be without the services of the Dementia Care Specialist position in 2018 due to anticipated cuts in the 2017-2019 State budget.

ADRC Staff Changes: Deb Miller, the paraprofessional/receptionist of the ADRC finished her last day of work on 4-3-17. Dominic Wondolkowski and Sharon Olson are now in the process of completing job interviews and hope to have the position filled in the next 1-2 weeks.

Nutrition Program and Updates:

Leigh Fritter shared information on the Senior Nutrition Program meal numbers for the month of March were consistent with the number of meals served in February. March was National Nutrition Month and the program nutritionist, Sharon Endl went to the meal sites and provided education related to ‘nutrient dense foods.’ Alongside the providing information, the participants tasted and received a recipe for nutrient dense brownies and had to guess the nutrient dense ingredient. Committee members were informed that the annual volunteer recognition banquet would be held Wednesday May 10th, 2017 at the Jefferson County Fairgrounds and those invitations would be arriving shortly.

Presentation by Denise Grossman, Elder Benefit Specialist

Denise presented on a variety of topics. The Benefit Specialists have been conducting workshops: ABC's of Medicare and Welcome to Medicare. Attendance is usually full and the surveys have gleamed positive results. Denise shared information on a couple budget proposals to watch, at the Federal level, the State Health Insurance Assistance Program (SHIP) that are being proposed to eliminate \$49 million from the \$52 million program. The SHIP program offers one-on-one counseling and assistance to people with Medicare. Some of the programs that may be affected are The Wisconsin Medigap Helpline, The Wisconsin Medigap Prescription Helpline, Disability Drug Benefit Helpline, the Deaf and Hard of Hearing Benefit Specialist and Wisconsin Judicare. Locally this may effect funding for services as Denise trains the SHIP volunteers.

Discussion and review of 2016 Aging Unit Self-Assessment Plan:

Olson shared a copy of the final 2016 Aging Unit Self- Assessment Plan. A motion was made by Niebler in support of the plan; it was seconded by Stengel and passed unanimously. It will be sent to the Greater Wisconsin Agency on Aging Resources, GWAAR for their review and feedback.

Discussion Elder Abuse Awareness Day:

The Worldwide Elder Abuse Awareness Day will be June 15, 2017. Staff are working on creating a banner to promote awareness as well as t-shirts. Olson will keep member informed of progress.

Discussion and review of Adult Protective Services Quarter WITS Report:

Olson shared the that for the first quarter in 2017 there has been 8 reports on consumers 60 years of age and older, and 5 reports for the consumers who are between the ages of 19 and 59.

Discussion and review of 2016 Elder Abuse Direct Services Expenditures Report:

Olson handed out and reviewed with the committee member the 2016 Elder Abuse Direct Services Expenditures Report. The county received an allocation of \$25,025 and the funding is spent on assessment, case management and crisis intervention.

Discussion of possible agenda items:

Olson asked for suggestion s from the committee on topics of interest. Haines was able to secure the Rainbow Hospice Community room for our next meeting. Members were interested in the Adult Protective Services Unit so staff will be invited to our next meeting.

Adjourn:

A motion to adjourn was made by Niebler, seconded by Stengel and passed unanimously.

Respectfully submitted,

Sharon Olson, Manager,
Aging & Disability Resources Division



Aging & Disability Resource Center Advisory Committee
Minutes of Meeting
Tuesday, May 2, 2017

Call to Order

The meeting was called to order by Ronk at 1:00 p.m.

Roll Call

Present: Earlene Ronk, Chair; Carolyn Niebler, Carol Battenberg, Ellen Haines, Russell Kutz, Marcia Bare, Connie Stengel, & Ellen Sawyers

Also Present: Sharon Olson, Leigh Fritter and Dominic Wondolkowski, Mark Nevins, Shelly Theder staff and Ella Reinel, Mary Roberts and Jeanne Tyler as interested community members.

Certification of Compliance with Open Meetings Law

Olson certified compliance.

Approval of Agenda

The agenda was reviewed and approved in a motion made by Bare, seconded by Battenberg and passed unanimously.

Approval of 04/04/2017 Minutes

Motion by Haines, second by Bare, to approve the 4/4/2017 minutes, mention is that there is an error as Marcia was absent at the last meeting. Motion for approval with correction unanimously carried.

Communications

None.

Public Comment

Jeanne Tyler introduced herself and shared that was attending as she is interested in applying for committee membership.

Advocacy Updates:

Wisconsin Advocacy Day As of last week, there were 90 people registered for the Wisconsin Aging Day. Space is very limited at this time, if interested get your app in asap.

Senate Bill #116 A bill that allows pharmacies to fill meds for 7 days while waiting for physician and pharmacist to get refill script a little longer time frame. No Narcotics will be allowed, but there are times when a person need to order a refill and a week later still no filled but now the person ran out of their medicine.

Affordable Care Act Need to keep an eye on the ACA, as there may be some big hits to Medicare and Medicaid. Some changes is that there will be a maximum benefit level and the waiver of pre-existing conditions may be eliminated.

American Health Care Act 2.0 The bill changes Medicaid to a per-capita cap structure. The bill would cut more than \$800 billion from Medicaid and could cause up to 24 million people to lose their health insurance coverage over a 10-year period. AHCA's per capita cap would lead to significant cuts in Medicaid long-term care for both home and community-based services (HCBS) and institutional care. By capping the federal government's funding for Medicaid, costs will be shifted to the states over

time. The Congressional Budget Office estimates this would reduce federal Medicaid spending by more than \$800 billion over 10 years. The cut would put pressure on states to reduce benefits, limit eligibility, increase consumer cost-sharing or lower reimbursement rates. This in turn could lead to sicker, more vulnerable older adults. The AHCA would reduce funding for the Prevention and Public Health Fund (PPHF) by \$100 million (10 percent) in 2018 and completely eliminate the fund in 2019. Currently, PPHF supports Administration for Community Living grants for falls prevention activities, chronic disease self-management programs and Alzheimer's disease prevention and education efforts. These cost-effective programs that improve health are implemented by states, AAAs and Aging Network providers. Without PPHF funding, these vital, money-saving programs may be on the chopping block.

Governance: Review Candidates for Committee Vacancies:

The following people have expressed interest in serving on the following committees. They are: ADRC Advisory Committee Candidate - Jeanne Tyler from Lake Mills, and Audrey Postel & Carol O'Neil for Nutrition Project Council Members. A motion to forward a recommendation to the Human Services Board to appoint all three individuals to the committees was made by Battenberg seconded by Sawyers and passed unanimously. The Human Services Board will make the reappointments at the July meeting, and then the names will be forwarded to the county board for confirmation.

Discussion: ADRC Report:

Dominic Wondolkowski updated the committee on the following items:

Wondolkowski attended the ADRC Director's Meeting on 4-26-17. Agenda items discussed included:

1. Random Moment Time (RMT) reporting scheduled for release for 3rd quarter of 2017 has been postponed until 1-1-18. Currently, all ADRC staff must complete 100% Time Reporting on a daily basis reporting their activity for claiming MA Administrative funds. In contrast, with RMT reporting, ADRC staff will receive random phone calls after which they verbally report the activity they were working on. RMT reporting would save staff time and there would no longer be a need to submit monthly time reports to DHS. However, the concern is will RMT reporting capture all ADRC staff activities accurately. DHS will initiate a quality improvement project to fully document the difference (benefits and costs) between the two time report systems. Both systems will be used concurrently from March-Sept. 2018.

2. Medical and Remedial Expenses (MRE) Policy Update: DHS has revised the Med Remedial expenses policy with an anticipate release date of early fall 2017. The current policy prohibits members counting out-of-pocket expenses for items/services available through the benefit package but denied by the LTC Program/MCO. An example is nutrition supplements like Ensure not authorized. The revise policy will allow the members to count the out-of-pocket expenses as a countable MRE. The revise policy will impact some members as it may reduce or eliminate monthly liability or cost share payments to be in a LTC program. No date for implementation of this policy has been set by DHS.

3. Development of Two Surveys:

ADRC surveys DHS's performance: Another quality improvement project, DHS will request ADRC staff to provide feedback on DHS staff efforts. DHS is also considering the development of a paper-based survey for Analytic Insight and Dr. Amy Flowers in lieu of a telephone survey. In the past, Analytic Insight has evaluated the satisfaction of ADRC consumers.

4. Serving Non-Citizen Populations: Anne Olson, Director of ORCD reminded ADRC Directors this population group shall not be denied ADRC services despite their non-citizenship.

5. The Bureau of Aging and Disability Resources (BADR) announced the availability of financial and programmatic support for agencies interested in working towards greater integration of the Aging

Unit and ADRC. In sum, there is left-over funding available to improve the physical plant. The ADRC of Jefferson will request Society Assets to evaluate our physical plant to determine if we are ADA compliant. If not, the ADRC will obtain estimates /cost of an improvement project and then submit a formal written request to BADR for the needed funding.

6. 2018 Contract Review Kick Off--Director's voiced their opinions about (1) the need to complete another Business Plan and (2) DHS's expectation for ADRC's to complete marketing and outreach on a limited budget. DHS hopes to release the proposed 2018 Contract in early May so directors call fully review and be prepared to discuss the contract at the next Director's meeting on June 7th.

Announcements:

1. Senior Farmer's Market Vouchers will be available effective 6-1-17. The plan again for this year will be to advertise and distribute the vouchers at local senior centers, farmer's markets, and the ADRC.

2. ADRC Staff Changes: Shelly Wangerin was hired as the new paraprofessional effective 4-10-17. Effective 4-17-17, Sue Torum and Sue Konkel were hired and will both work part-time to provide dementia care services to Jefferson Co. residents. Sharon Olson added the Dementia Care Specialists will be working on the following projects: Dementia Friendly Communities-partnering with other businesses; providing memory screens to the public; and providing community presentations. The above efforts made by DCS staff in partnership with community partners is necessary to sustain the program especially should the DCS position funding be eliminated in 2018.

Nutrition Program and Updates

Leigh Fritter shared that the Volunteer recognition banquet was planned and happening the following week; Elvis tribute artist Tony Rocker would be performing and Bon Ton Bakery would be catering. Leigh discussed the WAND spring conference that she and Sharon Olson attended, and shared ideas and presentations that were discussed at the conference. She stated that she felt that the presentation related to volunteer recruitment was beneficial for the Jefferson program. She followed-up by discussing the need for volunteer home delivered meal drivers in the Rome and Palmyra areas. Sharon Olson also discussed the Elder Nutrition Program Revitalization mini-grants that were discussed at the conference.

Presentation by Mark Nevins and Shelly Theder, Adult Protective Services Staff:

Mark and Shelly presented on the Adult Protective Services Program. They provide services to adults 18 and over and report in a database – Wisconsin Incident Tracking System that is used through-out the state. When they receive a call, they assess if the adult is at risk by asking questions on if the person is in danger or are they being mistreated, neglected by other or unable to care for themselves also identified as self-neglect. In, 2015 there were 92 documented cases in Jefferson County for people over the age of 60 and in 2016, there were 69. Mark and Shelly also provide assistance with guardianship when warranted by an emergency situation or the person needs to have a guardianship in order to enroll in a long term care program. For some people they may need a protective placement, anyone who is in a nursing home or a facility over 16 beds and is under a guardianship must have a protective placement unless the care is recuperative short term care. Any resident who is under a protective placement will have an annual WATTS Review through the court and the APS worker will need to meet with the ward to review that the person is located in the least restrictive placement/environment. Every county in Wisconsin has an Elder/Adults-at-risk agency. The Worldwide Elder Abuse Awareness Day will be June 15, 2017. Mark and Shelly are working on creating a banner to promote awareness as well as t-shirts. Olson will keep member informed of progress.

Discussion on the Aging Mastery Program

Aging has changed remarkably since the last generation entered into retirement. Yet, traditional retirement plans are disappearing, the cost of daily living continues to rise, and more than 84% of

people aged 65+ are coping with at least one chronic health condition, often over many years. The result is that older adults are unprepared for this new stage of life. Societal expectations for them have changed little since 1950, but they are facing a new reality when it comes to maintaining their health and economic security and contributing to society. AMP encourages aging *mastery*—developing sustainable behaviors across many dimensions that lead to improved health, stronger economic security, enhanced well-being, and increased societal participation. The 10 core classes combine a peer-supported classroom-like structure with social rewards. The in-person version is held at sites where older adults and baby boomers already gather in their communities, such as senior centers. Digital AMP offers an online version through a self-guided environment. The program is \$40 a person, and the thought is it will help with Powering Up for the Healthy Aging programs, such as living well with chronic conditions, diabetes.

Discussion and review of the Accessible Transportation Community Initiative Grant:

The Fort Atkinson was among 10 communities selected to receive the Accessible Transportation Community Initiative grant offered by Easterseals Project Action Consulting (ESPAC), which is the consulting arm of Easterseals, Inc. Easterseals is a nonprofit charitable organization that assists more than one million children and adults with disabilities and special needs through a network of more than 550 service sites in the United States, Canada, Australia and Puerto Rico. In an informal survey conducted by the Fort Atkinson Senior Center in 2016, 14 out of 33 people said they know people who do not attend social activities due to transportation limitations. Of these 14, three said that they know more than three people who are left out of activities for lack of transportation.

In addition to the elderly and disabled, three other population groups needing transportation assistance in order to fully engage in civic life have been identified through listening sessions conducted by the city in 2016:

- job seekers who lack drivers' licenses or private cars;
- the immigrant population, who make up approximately 10% of our population; and
- our pre-driving age citizens, too, have unmet needs to independently get places they need to go.

Without parents willing or available to transport them, our 10 - 16 year-olds are prevented from reaching extracurricular school activities and job and recreational opportunities. We had the first kickoff meeting a couple weeks ago. There will be a monthly phone meeting and an intensive 2 day in person committee training.

Discussion of possible agenda items:

Olson asked for suggestions from the committee on topics of interest. Taxi concerns were a topic members were interested in.

Adjourn:

A motion to adjourn was made by Bare, seconded by Kutz and passed unanimously.

Respectfully submitted,

Sharon Olson, Manager,
Aging & Disability Resources Division
