



## **Breastfeeding Peer Counselor- Part Time**

*Explore. Thrive. Belong.*

*Jefferson County is the Heart of the Heartland. We offer the best of Wisconsin living with safe, family oriented, vibrant business and civic communities surrounded by picturesque farmland. Jefferson County is proud of our small-town living options and easy access to major urban centers.*

### **ABOUT THE HEALTH DEPARTMENT OF JEFFERSON COUNTY**

Jefferson County Health Department engages and empowers the community to practice healthy lifestyles so they can create a thriving community where all residents will have a fair and just opportunity to be healthy. The Health Department values teamwork, collaboration, family, community, accountability and integrity, creativity, striving for excellence, acceptance, and respect while carrying out their variety of programs offered.

### **WHAT YOU WILL DO**

The WIC Breastfeeding Peer Counselor is a paraprofessional support person who provides basic breastfeeding information and encouragement to WIC pregnant and breastfeeding mothers under the direct supervision of the WIC Breastfeeding Coordinator. The goal of the Peer Counselor is to increase breastfeeding initiation and longevity rates.

### **SOME ESSENTIAL RESPONSIBILITIES**

You will be successful in this role by completing the following tasks and responsibilities:

Receives an assigned caseload of WIC participants monthly and makes required routine periodic contacts with all participants who are referred and/or assigned.

- Counsels WIC pregnant and breastfeeding mothers by telephone, WIC clinic visits, home visits, and/or hospital visits as determined by the local WIC program.
- Provides basic breastfeeding information, encouragement, and support to pregnant and breastfeeding mothers to help them get off to a good start with breastfeeding.
- Helps mothers prevent and manage common breastfeeding concerns.
- Provides strategies to help mothers overcome common breastfeeding barriers.

### **Requirements:**

- A past or current WIC participant is required. Personal experience with breastfeeding, having successfully breastfed at least one infant for a minimum of 6 months.
- Is enthusiastic and knowledgeable about breastfeeding and wants to help mothers enjoy a positive experience.
- Can work the schedule of hours required per week, as needed by the clinic.
- Is available to new mothers who are having breastfeeding problems outside the usual clinic hours.

### **Preferred Requirements:**

- Bilingual in English and Spanish preferred

### **Other Requirements:**

- Completes training sessions required to become a Breastfeeding Peer Counselor. Will be provided with the resources and equipment needed to perform the above job duties.
- Completes training on WIC, including Wisconsin WIC orientation and annual trainings, and ROSIE navigation and documentation. Obtains 12 hours of observing other peer counselors or breastfeeding experts helping mothers breastfeed.
- Reads assigned books and materials about breastfeeding.
- Attends quarterly State BFPC calls and breastfeeding trainings, as appropriate, to receive continuing education.
- Completes 25 hours of continuing education every 5 years.

### **Wage & Benefits**

We pay \$15.00 per hour. This is part time working between 10 – 12 hours per week.

### **Employees at Jefferson County Value**

\*Competitive Pay\* Great Coworkers\* Flexibility\* Advancement & Opportunity\* Family Feel\* **HOW TO APPLY:** For a full job description and link to apply online, please visit the County's web site at [jeffersoncountywi.gov](http://jeffersoncountywi.gov).

*Jefferson County is an Equal Opportunity Employer*