

Jefferson County Position Description

Name:

Department: Human Services

Division: Behavioral Health

Position Title: Psychosocial Rehabilitation Worker **Pay Grade:** 5 **FLSA:** non-exempt

Date: June 2024

Reports to: Mental Health Professional

Purpose of Position

The purpose of this position is to ensure consumer and community safety and placement prevention, as well as to facilitate skill development with children or adults who have mental health and substance abuse issues. This position will work within our Comprehensive Community Services program and in the community to assist consumers with reaching their goals while preventing acute episodes and hospitalizations.

Essential Duties and Responsibilities

The following duties are normal for this position. These are not to be construed as exclusive or all-inclusive. Other duties may be required and assigned.

- Focuses to increase consumer independence and achievement of success with meeting consumers' objectives and goals.
- Assesses the ability for consumer to participate in independent living skills using Casey Life Skills toolkit.
- Coaches side by side, and mentors the consumer on increasing abilities to participate in skills where there is deficit.
- Teaches evidence-based practices including CBT skills, DBT skills, Motivational interviewing, and WRAP plan development and implementation.
- Attends training to enhance knowledge, assists in implementing knowledge within therapeutic sessions, and within the community to translate into everyday life.
- Interviews consumers to gather personal family employment education and social data. Identifies needs and assists to establish goals.
- Assists SSC Service Facilitator in creating comprehensive mental health assessments.
- Collects information about a consumer and the family's current and past mental health and substance abuse.
- Recommends treatment and services and develops, coordinates and reviews documentation with the consumer and the recovery team.
- Provides psychoeducation to consumers families and support systems.
- Dually trained in Emergency Mental Health and receives calls from consumers, recovery teams or community and provides timely responses to crises.
- Assesses suicidal and or homicidal risk using standardized risk assessments including Linehan Risk Assessment, Management Protocol, and more.
- Works with recovery team to create safety plans to assists with diversion from hospitalization.
- Maintains contact with or provides referrals to collateral contacts such as family guardian/corporate guardians, foster homes, providers, schools, medical providers and others.
- Assists in facilitating skill groups and needed services and provides appropriate referrals to available resources like legal, academic, housing outreach programs and more.

- Assists consumers with location, maintenance and securing long and short-term housing. Advocating for consumers that are high risk with evictions and partnering to prevent evictions.
- Arranges and provides consumer transportation to appointments ensuring consumers needs are being met within their service plans.
- Assists program service facilitators with development and participation in public education regarding needs of consumers in accordance with obtaining legal documents which are required for establishing employment, housing and accessing education.
- Complies with County HIPAA Policies and Procedures, if applicable.
- Adheres to and promotes safety as a priority in the workplace.
- Performs other duties as assigned or that may develop.
- Demonstrates dependable attendance.

Additional Tasks and Responsibilities

While the following tasks are necessary for the work of the unit, they are not an essential part of the purpose of this position and may also be performed by other unit members.

None

Minimum Training and Experience Required to Perform Essential Job Functions

- Associate's degree or two-year college or technical school in Social Work, Human Services, or Social Sciences.
- One year of related experience and or training.

Preferred Training and Experience Required to Perform Essential Job Functions

- Bachelor's degree in social work, Human Services or Social Sciences.
- Valid Drivers License.
- Peer Support Specialist Certificate

Other Requirements – Certificates/Licensures

Knowledge, Skills, Abilities

- Ability to reliably and predictably carry out one's duties.
- Ability to read and interpret documents such as safety rules, operating and maintenance instructions, and procedure manuals.
- Ability to write routine reports and correspondence.
- Ability to speak effectively before groups of customers or employees of organization
- Ability to add, subtract, multiply, and divide in all units of measure, using whole numbers, common fractions, and decimals
- Ability to compute rate, ratio, and percent and to draw and interpret bar graphs
- Ability to solve practical problems and deal with a variety of concrete variables in situations where only limited standardization exists.
- Ability to interpret a variety of instructions furnished in written, oral, diagram, or schedule form.

Supervision

None.

Physical Demands

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential duties and responsibilities of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential duties and responsibilities.

While performing the duties of this position, the employee is regularly required to sit; use hands to finger, grasp, handle, or feel; reach with hands and arms and talk or hear. The employee is occasionally required to stand; walk; climb or balance and stoop, kneel, crouch, or crawl. Lifting, moving, pushing or pulling up to 10 pounds does not generally occur, but may occur when lifting boxes, books or paper. Specific vision abilities required by this job include close vision, color vision, depth perception and ability to adjust focus, distance vision.

Work Environment

The work environment characteristics described here are representative of those an employee encounters while performing the essential duties and responsibilities of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential duties and responsibilities.

While performing the duties of this position, the employee is not regularly exposed to adverse conditions. The noise level in the work environment is usually moderate. The work environment may also pose emergency situations, or other dangers situations and you will work with some very update people.

Jefferson County is an Equal Opportunity Employer. In compliance with the Americans with Disabilities Act as Amended, the County will provide reasonable accommodations to qualified individuals with disabilities and encourages both prospective and current employees to discuss potential accommodations with the employer.

I have read and understand the duties of this job description and, by signing below; I agree that I can perform the duties of this position with or without reasonable accommodation.

Employee _____

Date _____

Supervisor _____

Date _____

Human Resources _____

Date _____